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To whom it may concern

I spent 2 weeks at the Liver unit, Birmingham Children's Hospital, United Kingdom in November 2013 under the guidance of prof. Deidre Kelly.

The aim of my visit, which I fulfilled was assessment of nutritional status of children with liver disease, estimation of nutritional requirement of children with liver disease, acquisition of skills in providing enteral and parenteral feeding of post-transplant patients, familiarization with tools to assess nutritional deficiencies of liver and intestinal patients. Together with this I attended the metabolic clinic meeting, outpatient clinic of liver and gastroenterology specialists, educational, multidisciplinary and radiology-surgical meetings where difficult cases were discussed. An additional benefit was a Gut club meeting for paediatricians working in the field of liver and GI diseases which was held in Birmingham during my stay at the hospital. I participated also in the ward rounds at the Liver Unit, but also at the Intestinal and Dietetic departments.

My willingness was to widen my knowledge in the field of nutrition of children with different GI and liver diseases as my experience motivates me to support the idea that nutrition is not only important, but it is vital. The teaching I had from excellent experienced specialists in Birmingham made myself more aware with the practical aspects of nutrition and knowledgeable about therapeutic and nutritional interventions.

The colleagues at the Children's hospital made my stay very fruitful sharing their experience and knowledge with me. I enjoyed the friendly atmosphere that gave me the feeling of support. I learned a lot and I am very thankful to prof. Kelly for my intensive program.

I would like to express my gratitude to ESPGHAN for providing me the opportunity to get additional experience and knowledge in the field of pediatric nutrition and therapeutic options for liver and GI patients, which is helping my work also in my home country. My grant, which covered travel costs and accommodation, was generously provided by the society and made it possible to turn my enthusiasm into scientific experience.

Thank you indeed!

Best regards,

Ruzha Pancheva